Chronic Care Management Care Plan Template

Vital Health Services is a leading Population Management company and a trusted provider of value-based care services.

Patient Information

- ☐ Name:
- ☐ Date of Birth:
- ☐ Patient ID:
- ☐ Primary Phone:
- ☐ Email:

Primary Care Provider

- ☐ Name:

- ☐ Contact:

Chronic Conditions

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5

Current Medications

Medication Name	Dosage	Frequency	Purpose

Vital Signs

- ☐ Blood Pressure:
- ☐ Heart Rate:
- ☐ Weight:
- ☐ BMI:
- ☐ Other relevant measurements:

Recent Lab Results

Test	Date	Result	Reference Range

Care Team Members

- ☐ Specialist 1 (e.g., Cardiologist):
- ☐ Specialist 2 (e.g., Endocrinologist):
- ☐ Other healthcare providers:

Care Plan

Goals

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5

Interventions

- ☐ 1
- ☐ 2
- ☐ 3
- ☐ 4
- ☐ 5

Patient Education Needs

- [ ] 1
- [ ] 2
- [ ] 3
- [ ] 4
- [ ] 5

Self-Management Activities

- [ ] Diet:
- [ ] Exercise:
- [ ] Medication adherence:
- [ ] Self-monitoring (e.g., blood glucose, blood pressure):

Upcoming Appointments

Date	Provider	Purpose

Social Determinants of Health

- [ ] Housing status:
- [ ] Transportation access:
- [ ] Food security:
- [ ] Social support:
- [ ] Other relevant factors:

Patient Preferences and Values

- [ ] Treatment preferences:
- [ ] Cultural considerations:
- [ ] Communication preferences:

Care Coordination Notes

- ☐ Recent care coordination activities:
- ☐ Identified gaps in care:
- ☐ Follow-up actions:

Progress Notes

Date	Notes	Action Items

Next Review Date: